



PASS IT ON



Activity Name:	Ring of Excellence	
Designated 2012 Value:	Excellence – Olympic Value	
Objectives: Link to PfS aspirations; Local, Regional, National (at least 1)		
Develop Partnerships Work with a new target group Youth Leadership	Develop creative approaches Work with National strategy Experiment with evaluation	Further embed PfS in LA Involvement of stakeholders Raise awareness of PfS
Aims:		
<ul style="list-style-type: none"> To find out about, share and appreciate everyone's hidden talents and to celebrate the fact that everyone has their own unique star qualities and excellence. To encourage pupils to understand that in order to succeed, talents need to be understood, encouraged and appreciated by others. 		
Summary/description: (time length – 1hr – 1hr 30mins)		
Introduction		
<p>1) Each young person and member staff is given a post-it note and a pen. They have 5 minutes to think individually of one thing that they are good at. Some examples could be playing football for the school team, performing in the school assembly or production, being able to complete Lego Star Wars on the computer, being able to say the alphabet backwards, being able to bake a cake without burning it or even being a good listener to their friends. The list is endless and encouraging the weird and wonderful dissolves expectation to be good at something at school.</p> <p>2) Once written on post-it notes, each person takes it in turns to share their talent, placing the post-it note into the circle of excellence and saying aloud what they have written. Set some ground rules to ensure everyone has a fair opportunity to share.</p> <p>3) Once all the post-it notes are in the circle the activity can be expanded upon.</p>		
Middle		
Now that everyone has revealed a hidden talent it should be celebrated and shared.		
A) Through a show case event.		
Each young person has a small amount of time where they can take to the stage. Through either a short demonstration of their talent, a presentation about the talent or even just a quick description of what they have done or can do.		
B) Through the creation of an excellence Excel graph or pictogram representing the different talents of the group.		
Encourage the group to divide the talents into different categories, if you only have a small group maybe they could write 2 different talents each. Some examples of categories could be sport, the arts, friends and family, weird and wonderful or school. Once everyone's talents have been sorted, split the PfS group into the different categories then they have to design an emblem or logo to match their category and make enough of them to represent their category and the people within it on the graph. Then get the group together and step by step the young people build the graph representing all the different talents or excellences of the PfS group, explaining in their own words to form the title.		
Plenary		
Discuss with the group what they have discovered and learnt during the session. Use what they have learnt and put it into the context of an Olympic or Paralympics athlete. What attributes would they need to succeed if they had a hidden sporting talent in time for 2012?		
Link to LOCOG resources: http://getset.london2012.com/en/home http://en.beijing2008.cn/education/		
Resources:		
Whole PfS group involved including staff and volunteers Enough room so that you can create a performance space and enough space so that everyone can see each other in a circle. Post-it notes, your own ring of excellence, pens, computers, presentation equipment, large pieces of plain paper, Microsoft excel.		
Attachments:	Ring of Excellence to place in the middle of the circle	