



PASS IT ON



Activity Name:	Inspire me
Designated 2012 Value:	Inspiration – Paralympic Value
Objectives: Link to PfS aspirations; Local, Regional, National (at least 1)	
Develop Partnerships Work with a new target group Youth Leadership	Develop creative approaches Work with National strategy Experiment with evaluation
Further embed PfS in LA Involvement of stakeholders Raise awareness of PfS	
Aim	
To involve Stakeholders into the session to work with the students	
<ul style="list-style-type: none"> Develop activity by inviting an 'inspirational stakeholder' to work with you during the session. This could be a club member, team player, local prominent figure etc. Ask them to speak to the students or work with them on this project. They could share their own inspirational stories, name inspiring people from their own lives and describe what it is to be an 'inspiration' to others. This could be a separate session before-hand or built in as part of this lesson. 	
Summary/description: (1hr 30min)	
Starter:	
Using resource provided (Inspirational Figures – Figure it out!) get students into groups and ask them to match the name and role of each inspirational figure.	
- Get groups to discuss why these people have proved to be so inspirational (or maybe they feel they haven't?)	
- Discuss the meaning of the words inspiration / inspirational. Each group to create a definition of the word 'inspirational'. Discuss and pin up around the room.	
* Inspiration / Inspirational = An agency, such as a person or work of art, that moves the intellect or emotions or prompts action or invention (from www.answers.com on-line dictionary.)	
Activity 1:	
Each student to identify someone they feel is an inspiration to them (such as a celebrity, sports person, family member, friend - past or present). * You could narrow this down to specifying a person or group of people. If you have had a player / stakeholder in to speak to the students then you could use them.	
Students to list:	
<ul style="list-style-type: none"> 5 qualities / attributes / factors / reasons for why that person is an inspiration to them What do they feel are this person's main aims / goals in life? Why do they do what they do? Who are they trying to help or what are they ultimately trying to achieve? 	
Encourage students to really describe specific reasons for why that person inspires them (is it their actions, beliefs, personality, a specific event, an outstanding personal quality, an ongoing commitment etc)	
Plenary: Students to swap or display work for all to see. Quick review of which qualities make these inspirational figures so prominent and influential in our lives. Students to each name the quality they feel is most important in their Inspiration figure. – Extension – Look at Super Heroes (worksheet for determination)	
Link to LOCOG resources: http://getset.london2012.com/en/home	
If students are stuck for an inspirational figure they may select from one of the six 'Get set 2012 Olympic Heroes' (Tom Daley, Shanaze Reade, Xavier Mohammed and Shelly Woods http://getset.london2012.com/en/heroes)	
Resources:	
Wikipedia site on Superheroes http://en.wikipedia.org/wiki/Superhero	
Website listing a number of inspirational and influential figures (past and present)	
http://www.biographyonline.net/	
http://www.abilityvsability.co.uk/ - Paralympics related	
www.paralympics.org.uk	
Attachments:	Starter: 'Inspirational Figures : Figure it out' resource To be cut up and handed out to students to match up the pictures, names and achievements.