



PASS IT ON



Activity Name:	Paralympic Heroes Interview	
Designated 2012 Value:	Paralympic Heroes	
Objectives: Link to PfS aspirations; Local, Regional, National (at least 1)		
Develop Partnerships Work with a new target group Youth Leadership	Develop creative approaches Work with National strategy Experiment with evaluation	Further embed PfS in LA Involvement of stakeholders Raise awareness of PfS
Aim		
<ul style="list-style-type: none"> To look at the word Paralympic and misconceptions surrounding it and what defines a hero To make it clear that high performance sport is a combination of talent, training and personality. To approach high performance athletes with a disability from many viewpoints. 		
Summary/description: (1hr 30mins)		
<p>15mins-Who are your heroes? Why? What makes a hero? Produce a mind map as a group placing the word heroes in the middle and writing 5 different suggestions of a hero from the group. Add to each of the five heroes, characteristics that make them a hero.</p> <p>15 mins-What do you think 'Paralympic' means? Put word on whiteboard. In groups discuss what everybody thinks. If they have no idea, tell them that it is the Olympics for disabled athletes, then ask again what they think the word '<i>Paralympic</i>' means. Each group report back to class. OK, so how many of them thought it was something to do with being paralysed? In fact, the word <i>Paralympic</i> has been made by combining the words 'parallel' and 'Olympics'.</p> <p>Has this challenged their thinking about the Paralympics? Show the video on the paralympic games from the get set website.</p> <p>30mins-Divide the class into 4 groups, giving each group a Paralympic hero to research their personal story and represent its own athlete in an interview. Groups should prepare a questionnaire in order to hold an interview with another team about the athletes. Make sure the pupils can answer any of the questions below.</p> <ul style="list-style-type: none"> - How they came to get involved in sport and what prompted them to choose the specific sport? - What hurdles did they need to overcome? - What efforts did they make? - What were their motives, goals, their yearnings? - How were they guided by professionals (educators, coaches, scientists)? - What have they achieved? - How have they performed? - What do they like to do in their spare time? <p>30mins-Each group takes it in turn to have their athlete interviewed by another group. They are allowed to use their notes to answer questions and can request three cuts to receive guidance from the rest of their group. 5mins- In pairs discuss and share three things you have learnt about Paralympic athletes.</p> <p>Extension activity: Find a local Paralympic hero and invite them to be interviewed in person or by telephone.</p>		
<p>Link to LOCOG resources: Click on 'Heroes' tab on http://getset.london2012.com/en/home Video on the Paralympic games: http://getset.london2012.com/en/the-games/about-the-olympic-and-paralympic-games/about-the-paralympic-games/paralympic-games-video</p>		
<p>Resources: www.abilityvsability.co.uk website click on 'The Athletes' tab http://www.paralympics.org.uk</p>		
Attachments:	Mind Map example Paralympic Athletes by region and country	